



changing lives  
reducing crime

# Interested in becoming a mentor?



## What is mentoring?

Mentoring is a one-to-one relationship which supports the growth, maturity and development of a person. It has proved effective in motivating young people and helping them achieve their potential.

## Who would I be mentoring?

You would be mentoring a young man aged between 18 and 24 who has recently been released from HMP/YOI Portland to help him settle back into the community.

Nacro has been running a successful mentoring scheme in HMP/YOI Portland called Milestones for the last five years. The project receives referrals and selects young men to be matched with a mentor. The resettlement work begins whilst in prison and many prisoners return to London on their release. Your mentoring will be a continuation of the support already received.

Contact [annabel.davies@nacro.org.uk](mailto:annabel.davies@nacro.org.uk) or telephone 07973 463 761

# Interested in becoming a mentor?

## What's involved?

As a mentor you would provide guidance, advice and support to one young man for a period of at least six months to help him successfully reintegrate into the community. You will help him with a wide range of practical issues, from accessing education and training services to supporting him with housing or job applications, as well as offering a non-judgemental ear when he needs to talk.

## Why become a mentor?

Volunteering is an excellent way of making a real difference to people's lives, especially through mentoring. You will receive full training, ongoing support and learn new skills. You will also be reimbursed for out-of-pocket expenses.

If you're aged 23 or over, can spare two hours a week and are willing to undergo a Criminal Records Bureau check, please get in touch with Annabel Davies on 07973 463 761 or at [annabel.davies@nacro.org.uk](mailto:annabel.davies@nacro.org.uk).



**For further information on mentoring, please contact:**

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Nacro is the leading charity in England and Wales dedicated to making society safer by reducing offending. Our practical services give offenders and those at risk of offending the skills, support and motivation they need to change their lives for the better. We combine services with campaigning: lobbying for better ways to reduce offending, while demonstrating how this can be done in practice.



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Photos: Philip Meech, Stuart Rayner

