

To find out more and see how we could help you, contact:

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changing lives
creating opportunities

Interested in getting ahead?

Reading Army Preparation Programme

Your future starts here

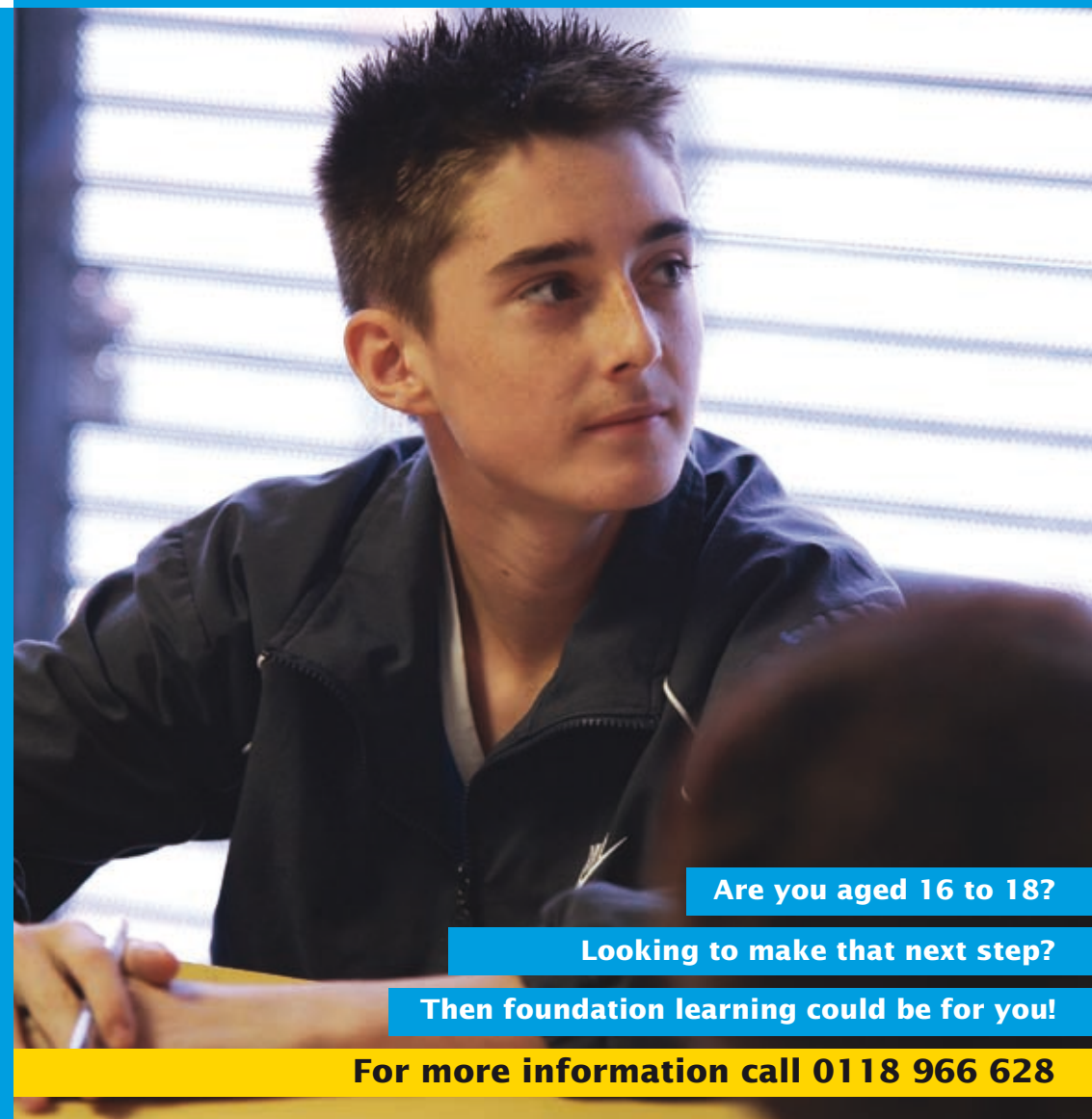
Nacro, the crime reduction charity, provides activities for young people excluded from school or living in disadvantaged areas to engage and inspire them. Nacro has over 300 projects in England and Wales. Over 90,000 people benefit directly from our work each year, while many more benefit from the work we carry out with national, regional and local agencies.

www.nacro.org.uk



Nacro is a registered charity, no. 226171.

Nacro is grateful to everyone who appears in the photos.
Photos: Philip Meech



Are you aged 16 to 18?

Looking to make that next step?

Then foundation learning could be for you!

For more information call 0118 966 628

Reading Army Preparation Programme

What is army preparation?

Nacro's Army Preparation Foundation Learning Programme in Reading is for young people who are considering a career in the army or public services and want to develop new skills. We'll give you the confidence and the qualifications you need to achieve your potential and get ahead.

What will you get out of it?

We'll help you work towards accredited qualifications as well as providing you with a practical insight to life in the army or public services. You'll get full support and guidance from our trainers and army officers every step of the way.

We can offer you qualifications in:

- preparation for the armed forces
- sport and fitness
- community work
- youth work
- personal and social development
- health and safety
- first aid

You'll develop new skills including:

- functional skills, including English, maths and ICT
- teamwork skills
- interview skills
- reading and writing skills
- communication skills
- how to search for a job

These skills and qualifications will help improve your chances of finding and keeping work.



Case study

'Coming to Nacro has helped me get a job in the army. The course is enjoyable and the tutors are easy to get on with. I have gained qualifications, had fun and met new people.'

Terry, aged 18



What else?

- Up to £30 a week and cash bonuses through EMA
- Help with your travel expenses
- A residential trip
- The chance to take part in activities such as command tasks, survival skills and expedition training, and exercises relating to confidence building and independent living

Is it for you?

The project is open to anyone:

- aged 16 to 18
- not in education
- available for 16 hours a week
- committed to getting a job, apprenticeship or going to college



Interested?

See the back page to find out how you can take the first steps towards a better future.

Not sure what you want to do?

Even if you are not sure you want a career in the army or public services, this course could still have something to offer you.