

NACRO E2E ARMY PREPARATION COURSE

Do you work with 16 – 19 year olds interested in a career in the Armed Forces?

Could they benefit from a strong discipline ethos, improved fitness, self esteem and employment opportunities?

In partnership with the Army Nacro Training Leeds offer engaging and exciting courses aimed at supporting young people into their chosen Army Career.

Each course is made up of a selection of nationally recognised qualifications, leadership and team building exercises, regular fitness sessions, nutrition and healthy eating, literacy, numeracy and Key Skills. They are then further enriched by adventure training and regular Army activities and residentials across the UK.



2009 Training Schedule

Start Date	End Date	Applications Accepted	Interviews to take place
January 2009	May 2009	November 2008	From 1 December 2008
July 2009	November 2009	April 2009	To 31 July 2009
November 2009	February 2010	September 2009	To 11 December 2009



All clothing and kit as well as gym membership are provided free of charge.

Information for Applications

- All applicants must pass an interview with the Course Leader before starting
- Usual E2E and EMA eligibility rules apply
- The Army require medical history as part of the application process and some restrictions apply on candidates with certain offences

If you require any further information or wish to apply please call **0113 2392674**
or email peter.lee-gallon@nacro.org.uk / katy.sayer@nacro.org.uk



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Case Study

David Garside

Joined E2E: May 2008



David on residential with the Rifles Regiment

Prior Achievement: Left school with no GCSEs; was Entry 3 in both Literacy and Numeracy.

Background: David lived with his grandparents and did not speak to his mother or father. He had struggled to stay on any previous courses and found it hard to concentrate on work. He was also due to be a father.

Career Aspirations: To join the Rifles Regiment or be an Army Driver.

Achievements whilst on E2E: Adult Literacy & Numeracy at Level 1; Key Skills: Improving Own Learning and Working With Others; Level 2 Certificate in Health & Safety in the Workplace.

Progression: David successfully passed the Army Development and Selection Centre at Glencoe and has now commenced his basic training with the Rifles Regiment. He worked extremely hard throughout the course to improve his fitness and confidence and rose to all the challenges the course threw at him. He was rewarded 'Best Learner' by the Rifles regiment whilst on a week-long residential. He successfully passed Army selection and joined the Rifles. He has since become platoon leader of his group and puts his achievements down to his work at Nacro.